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Charlevoix County News

January 24, 2019

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Boyne City chamber annual awards recognize community leaders

BY MICHELLE MEDJESKY

BOYNE FALLS - Five of the most impressive and impactful community leaders in this area were named award winners for their many notable efforts by the Boyne Area Chamber of Commerce during its annual awards gala last week at Boyne Mountain Resort. Among the awards handed out this year were three for Outstanding Con-

tribution, an Ambassador of the Year Award and the Sally Roselli Leadership Award. The winners were selected from among dozens of nominees who submitted letters supporting their candidates.

The gala dinner event, which had a "red carpet theme" this year, was emceed by newly-named chamber executive director Kim Akin.

Keynote speaker was Charlevoix County Community Foundation president and former East Jordan Public Schools superintendent Chip Hansen, who invigorated the crowd by enthusiastically underscoring-with shouts of "Go Boyne!"- the many reasons why people should be proud to live in this area.

Hansen said more parents are choosing to live in the Boyne City area because they can see that it is "solidly united" in keeping their kids a top priority. Not only can Boyne City stake claim to having great schools, he said, but also "the best restaurants; the coolest coffee shops and most awesome farmer's markets!"

The city also plays host to



(Left to right) Adam Kennedy, Jean VanDam, Susan Conklin and Bill Scott were among five winners named during the Boyne Area Chamber of Commerce's annual awards gala last week at Boyne Mountain Resort. Winner Brian Kozinski is not pictured. Executive chamber director Kim Akin (far right) emceed the event.

many festivals and fun events like Boyne Meets Broadway, Stroll the Streets, the Morel Mushroom Festival and Boyne Thunder, to name a few, he said, noting it is also home to some of the most unique companies in the state of Michigan-and beyond.

But perhaps the one attribute that those who live

in the Boyne area can be most proud of is its people,

See **Boyne Awards** – Page 3A

RIGHT: Keynote speaker Chip Hansen, president of the Charlevoix Community Foundation and former East Jordan Public Schools superintendent, gave an enthusiastic speech that ignited community spirit in the crowd.



Jeff Wellman (left) presented the Sally Roselli Business Leadership Award to Bill Scott of Great Lakes Energy. Wellman is Roselli's brother-in-law who gave the award this year on behalf of his wife, who was unable to attend the ceremony.



Boyne Falls School Homecoming Court

Pictured front row (L-R): Sophomore Representatives: Tyler Gellis and Aubrie Sparks, Junior Representative: Nicoma Sayles and Freshmen Representatives: Cheyanne Sayles and Daniel Powers. Pictured back row (L-R): Senior Representatives: Sydney Bess, Maddie Daneff, Hunter Sparks, Bailey Massey, and Haylee Anthony. Boyne Falls School will celebrate Homecoming next week (Jan 21-25). The Varsity Basketball teams will host Vanderbilt on Friday, Jan 25 at 5:30 p.m. with the crowning of the king and queen between games.

Fire may have started when homeowner tried to thaw frozen pipes

BY MICHELLE MEDJESKY

CHARLEVOIX COUNTY - Firefighters believe a Charlevoix County home was partly destroyed earlier this week when a fire ignited after the homeowners tried to thaw a frozen bathroom pipe with a heat gun.

Firefighters responded to a report of a fire at 05983 Reycraft Road around 3 p.m. Sunday, January 20, according to a report from Resort/Bear Creek Township Fire Department Chief Al Welsheimer. The homeowners, Mo and Maria Stokes, made the 911 call to report a fire had started within a wall inside the home's bathroom. The couple and their dog were able to get out of the home safely.

Welsheimer said upon arriving on the scene, firefighters found heavy smoke coming from the bathroom area at the rear of the two-story home and visible flames. He said the fire spread up the bathroom wall to the attic above the bathroom and into other parts of the home, which is an older farmhouse that had been added onto several times over the years.

Welsheimer said crews extinguished most of the fire in about 20 minutes, but were on the scene until just past 7 p.m.

See **Home Fire** – Page 5A

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weather

THURSDAY



HIGH: 24
LOW: 3

FRIDAY



HIGH: 6
LOW: -2

SATURDAY



HIGH: 11
LOW: 8

2016-17		AMT"	CITY	2017-18		AMT"	CITY	2018-19		AMT"	CITY
1/23/17	..33	..	ATLANTA	1/22/18	..16.1	..	ATLANTA	1/21/19	..21.5	..	ATLANTA
1/23/17	..75.9	..	BOYNE FALLS	1/22/18	..62.5	..	BOYNE FALLS	1/21/19	..39.5	..	BOYNE FALLS
1/23/17	..40.8	..	CHARLEVOIX	1/22/18	..61	..	CHARLEVOIX	1/21/19	..26.3	..	CHARLEVOIX
1/23/17	..44.4	..	CHEBOYGAN	1/22/18	..39.6	..	CHEBOYGAN	1/21/19	..39.1	..	CHEBOYGAN
1/23/17	..71.7	..	EAST JORDAN	1/22/18	..91.1	..	EAST JORDAN	1/21/19	..49.2	..	EAST JORDAN
1/23/17	..122.8	..	GAYLORD	1/22/18	..79.4	..	GAYLORD	1/21/19	..55.3	..	GAYLORD
1/23/17	..95	..	KALKASKA	1/22/18	..60.2	..	KALKASKA	1/21/19	..46.2	..	KALKASKA
1/23/17	..34.6	..	LEWISTON	1/22/18	..27	..	LEWISTON	1/21/19	..28.5	..	LEWISTON
1/23/17	..33	..	MIO	1/22/18	..14.2	..	MIO	1/21/19	..21.1	..	MIO
1/23/17	..48	..	ONAWAY	1/22/18	..42.2	..	ONAWAY	1/21/19	..39.3	..	ONAWAY
1/23/17	..83.2	..	PETOSKEY	1/22/18	..78.4	..	PETOSKEY	1/21/19	..57.6	..	PETOSKEY

record temps

DAY	AVG	LOW	Avg. High	RECORD LOW	RECORD HIGH
JAN 24	..11°	...29°	...17°	(2004) .48°	(1969)
JAN 25	..11°	...29°	...10°	(2004) .51°	(1950)
JAN 26	..11°	...29°	...15°	(2000) .51°	(1973)
JAN 26	..11°	...29°	...15°	(2000) .51°	(1973)
JAN 27	..11°	...29°	...21°	(2000) .52°	(2002)
JAN 28	..11°	...29°	...25°	(1963) .52°	(2002)
JAN 29	..11°	...29°	...8°	(1986) .46°	(1990)
JAN 30	..11°	...29°	...33°	(1994) .48°	(1988)
JAN 31	..10°	...29°	...16°	(1980) .49°	(1988)
FEB 2	...10°	...29°	...31°	(1961) .46°	(1991)

Ervin G. T Tamminga, 80

(SEPT. 04, 1938 - JAN. 22, 2019)

Ervin G Tamminga of Ellsworth died Jan. 22, 2019 at Charlevoix Area Hospital.



Visitation will be held Saturday, January 26, from 2 to 5 p.m. at the Hastings Chapel of Mortensen Funeral Home in Ellsworth.

A full obituary will appear soon.

Ellen Matthews, 95

(SEPT. 20, 1923 - JAN. 19, 2019)

Ellen Washburn

Matthews died following a short illness on January 19, 2019 at Boulder Park Terrace Nursing Facility. She was born on September 20, 1923 in Royal Oak, Michigan, the daughter of Albert Washburn and Anna (Miller) Washburn.

Mom graduated from Redford union High School Class of 1942. On April 14, 1943 she married Charles Gordon "Bud" Matthews, and remained married for 70 years until his death in 2013.

They made their home in Farmington and Wolverine Lake, Michigan where they raised four children, until their move to Charlevoix in 1972. Mom loved being a homemaker, and worked various jobs throughout her life, retiring from JC

Penny's in Petoskey.

In later years Mom enjoyed riding their horses, camping, deer hunting, playing cards and golfing.

In October 2012 Mom moved into American House, an Independent Living Community which she loved. The family would like to thank the facility and staff for the love shown to Mom during her stay.

In addition to her husband, she was preceded in death by her sisters Kathleen Moored, Laurel Roote, Ramona Fox and their spouses.

Mom is survived by her children Barry (Suzie) Matthews of Levering, MI; Kerry (Sandra) Matthews of Flushing, MI; Kim (Maria) Matthews of Port Townsend, WA; Judy

snowfall

2016-17		AMT"	CITY	2017-18		AMT"	CITY	2018-19		AMT"	CITY
1/23/17	..33	..	ATLANTA	1/22/18	..16.1	..	ATLANTA	1/21/19	..21.5	..	ATLANTA
1/23/17	..75.9	..	BOYNE FALLS	1/22/18	..62.5	..	BOYNE FALLS	1/21/19	..39.5	..	BOYNE FALLS
1/23/17	..40.8	..	CHARLEVOIX	1/22/18	..61	..	CHARLEVOIX	1/21/19	..26.3	..	CHARLEVOIX
1/23/17	..44.4	..	CHEBOYGAN	1/22/18	..39.6	..	CHEBOYGAN	1/21/19	..39.1	..	CHEBOYGAN
1/23/17	..71.7	..	EAST JORDAN	1/22/18	..91.1	..	EAST JORDAN	1/21/19	..49.2	..	EAST JORDAN
1/23/17	..122.8	..	GAYLORD	1/22/18	..79.4	..	GAYLORD	1/21/19	..55.3	..	GAYLORD
1/23/17	..95	..	KALKASKA	1/22/18	..60.2	..	KALKASKA	1/21/19	..46.2	..	KALKASKA
1/23/17	..34.6	..	LEWISTON	1/22/18	..27	..	LEWISTON	1/21/19	..28.5	..	LEWISTON
1/23/17	..33	..	MIO	1/22/18	..14.2	..	MIO	1/21/19	..21.1	..	MIO
1/23/17	..48	..	ONAWAY	1/22/18	..42.2	..	ONAWAY	1/21/19	..39.3	..	ONAWAY
1/23/17	..83.2	..	PETOSKEY	1/22/18	..78.4	..	PETOSKEY	1/21/19	..57.6	..	PETOSKEY

OBITUARIES

(Michael) Wheat of Charlevoix, MI; 10 grandchildren, 24 great grandchildren, and 2 great-great grandchildren.

A memorial service and interment at Greenwood Cemetery are planned for a later date.

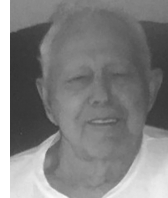
Arrangements have been handled by the Winchester Chapel of Mortensen Funeral Homes in Charlevoix.

Gene S Fish, 87

(DEC. 16, 1931 - JAN. 18, 2019)

Gene S. Fish of East Jordan died January 18, 2019 at home.

He was born December 16, 1931, in Hillsdale County,



the son of David and Julia (Caulkins) Fish.

Gene was self-employed for many years as a carpenter and farmer. He enjoyed reading, fishing, hunting and was a puzzle king. He loved to spend time with little kids and always found a way to make them laugh through his teasing. In 2014 he moved north from Howard City to retire.

Surviving Gene is his wife Charlotte, his daughter Penny (Al) Schmidt of Lupton, brothers Ellis "Bill" Fish of Missouri, Clark "Jim" Fish of Hillsdale, niece Vicki (Bram) Christy of Jonesville, grandchildren Corey Ward, Casey Schmidt, Christy Schmidt, several great grandchildren, special little buddy Johnathon Antaya, and many other nieces

and nephews.

He was preceded in death by his parents, his sister Gerry Moore, and brother John Fish.

A Celebration of Life will be held at a later date. Memorial contributions can be given to the American Legion Post 393, 37661 W 5th St, Hulbert, MI 49748, where he was a member.

Arrangements have been handled by the Charlevoix Chapel of Mortensen Funeral Homes. Please sign his online guestbook www.mortensenfuneral-homes.com.

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People Fund grants awarded to local groups in 2018

Great Lakes Energy, with the help of its members, continues its commitment to local communities through the People Fund. During 2018, the People Fund awarded \$218,770 in grants to charitable and community organizations. The Great Lakes Energy People Fund is supported solely by Great Lakes Energy members who allow their electric cooperative to round up their bill each month to the next dollar.

The grants funds were awarded to 64 charitable and community organizations throughout Great Lakes Energy's 26-county service area, which stretches from Kalamazoo to the Mackinac Straits.

"Thanks to the generosity of our members we've awarded more than \$3.5 million in grants since 1999 to local non-profits groups and organizations," says President/CEO Bill Scott. "The local communities in our service area benefit greatly from this program that is fully funded by our members who allow their bill to be rounded up to the nearest dollar each month."

Members of the electric cooperative who wish to participate are encouraged to enroll in the People Fund online at gtlakes.com or by contacting Great Lakes Energy's office.

"People may not think 50 cents a month can do much, but when added with the contributions of other Great Lakes Energy members, we are able to help so many,"

explains Scott. "Giving back to the community is one of the cooperative principles and we couldn't do it without our members' generosity."

The following Northern Michigan groups received People Fund grants in 2018:

Alanson Public Library: \$2,810 for five new computers.

Beaver Island Historical Society of Michigan: \$7,352 for signs for a historical walking tour.

Charlevoix County: \$10,000 for phase 3 of the non-motorized trail project from Charlevoix to Boyne City.

Charlevoix Ministerial Association: \$2,500 for a benevolence fund to help people in need.

Christ Child Society of Northern Michigan, Harbor Springs: \$5,000 for clothing for needy children.

Crawford County Commission on Aging, Grayling: \$4,365 for lighting and a water spigot for community garden.

Crawford County Community Christian Help Center, Grayling: \$2,449 for a freezer and electrical work.

Crawford County Library, Grayling: \$3,000 for a Ultimaker 3/3D printer.

Crossroads Ministries, Gaylord: \$4,000 for remodeling work and storage containers.

Elmira Township Parks and Rec Committee, Elmira: \$5,000 for a paved walkway at a community park.

Freshwater Future, Petoskey: \$6,000 for a water

contamination study and public education.

Friendship Centers of Emmet County, Petoskey: \$5,148 for a solarscreen window roller shades.

Gaylord Gators Swim Team: \$455 for a computer and software.

Good Samaritan Family Services, Ellsworth: \$3,847 for a wood working shop equipment for His House.

Great Lakes Chamber Orchestra, Petoskey: \$2,000 for a youth concert at Petoskey Middle School.

Imagination Library of Crawford County, Grayling: \$5,000 for books for ages birth to kindergarten.

Little Traverse Bay Quilters Guild, Harbor Springs: \$1,000 for fabric and material for quilts for veterans.

Manna Food Project, Harbor Springs: \$6,000 for local farm produce program called Produce for People II.

New Horizons Clubhouse, Rapid City: \$2,500 for washer, dryer and utility sink.

North Country Trail Association, Petoskey: \$5,000 for Iron Belle Trail Bear River Bridge project.

Northern Michigan Antique Flywheelers Club, Boyne Falls: \$4,300 for a sound system.

Northern Michigan Equine Therapy, Boyne City: \$3,604.88 for a Sure-Hand lift.

NW Michigan Habitat for Humanity, Harbor Springs: \$800 for four framing nailers to help build homes.

Otsego County Habitat for Humanity, Gaylord: \$1,200

for cash register and electrical work for the ReStore.

Raven Hill Discovery Center, East Jordan: \$8,000 for a Water/Ways exhibit.

Riverbend Park Pickleball Project, Petoskey: \$6,000 for a pickleball court project.

St. Mary School, Charlevoix: \$8,000 for a playground structure open to the community.

The Salvation Army, Petoskey: \$1,850 for repairs to the community center building.

VFW Post 1518, Gaylord: \$5,000 for improvements to the Veterans Community Park entrance.

Walloon Lake Trust and Conservancy: \$3,500 for phase 2 of a watershed project.

Wawatam Area Senior Citizens, Inc., Mackinaw City: \$2,200 for a commercial freezer.

The 2018 People Fund Annual Report is included in the January issue of Michigan Country Lines magazine recently mailed to Great Lakes Energy members.

Others may obtain the report by contacting Great Lakes Energy at 1-888-485-2537 or by visiting gtlakes.com and downloading the report.

The Great Lakes Energy People Fund is accepting applications for 2019 grants from local non-profit organizations. Deadline for applications for the 2019 grant cycles are April 15 and Oct. 15. Request an application by calling 888-485-2537 ext. 1313, or request it online by visiting gtlakes.com.

Health Departments offer free Radon Testing Kits

The Health Department of Northwest Michigan is offering FREE test kits January 21-25 for residents to test their homes for radon - a colorless, tasteless and odorless gas that causes lung cancer.

January is Radon Awareness Month, and health departments across Northern Michigan are encouraging citizens to test their homes for this common gas. Radon can reside at dangerous levels inside homes, schools and other buildings. Because you can't see it or smell it, and radon causes no immediate symptoms, testing is the only way to know if there is radon in your home.

Exposure to radon is the second leading cause of lung cancer in the United States, after smoking. Radon-related lung cancers are responsible for an estimated 21,000 deaths annually in the United States, according to the National Academy of Sciences.

"Radon is natural in the environment, but it becomes dangerous when it builds up indoors," said Scott Kendzierski, director of Environmental Health at the Health Department of Northwest Michigan. "In the winter especially, when windows stay closed all the time, radon can rise to very high levels in homes. If you breathe it, it can cause lung

cancer."

Most homes contain some concentration of radon and should be tested. About 12% of homes in Michigan have unsafe levels of radon. In some counties, as many as 45% of homes are at risk. With testing, radon is easy to detect and remove from your home. Through consultation with the health department and certified contractors, inexpensive mitigation systems can be installed which lower concentrations of radon to safe levels.

Radon gas forms when small amounts of radium and uranium in the ground start to break down. Most soils in our area contain

some amount of these radioactive elements, so radon can be found anywhere. The gas becomes dangerous when it becomes trapped indoors and builds up to high levels. Radon enters homes through cracks in walls, basement floors, foundations and other openings.

Residents of Emmet, Charlevoix, Otsego, and Antrim counties can get a free radon test kit by calling the Health Department of Northwest Michigan at 1-800-432-4121. Be sure to test your home for radon this year and keep your family safe from unseen hazards.

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Looking Back, Looking Forward

Banks Township, Ellsworth Village State of the Community

Speakers from the Village, Township, Schools, DDA, and Paddle Antrim reiterated the accomplishments of the past year and discussed the focus for the upcoming year at the Banks Township/Ellsworth Village State of the Community Address held Wednesday, January 16.

Paddle Antrim executive Director Deana Jerdee opened the night thanking the community for its commitment to the water trails and promoting its natural resources. "The only way that we are able to provide these sorts of water trails is through the partnership of Ellsworth and the other villages along the route," she said. Jerdee talked about the creation of a trail map and signs to go along the route this next year.

Superintendent of Ellsworth Community Schools, Aaron Gaffney stressed the communities need for more housing. He stated that although enrollment is up over 5 years it is down since 18 months ago and all of those student's families have moved away from the area with the main reason being that they were unable to find a place to live in the district. He stated that 40% of the students in the school are enrolled from other districts. "This speaks volumes to the school and the work we do," he said. Gaffney talked about the school's Agri science program and new teachers Nate and Shelley Cole as well as a new mentoring program that focuses on developing relationships with kids before problems develop.

Ellsworth Village President Hugh Campbell talked about finishing phase one of the Community Square, a trail to the restrooms at the Community Park and a feasibility study for a village



East Jordan Area Chamber of Commerce Director Mary Faculak emceed the event.

septic system. He then stated that phase two of the Community Square would include a gazebo once they are able to secure funding however, the village septic system would qualify for a Rural Development Grant

and that those wheels are in motion. One of the first steps was the development of the DDA, a step in making the Village a Redevelopment Ready Community which is part of the eligibility process for those grants.

"We are trying to add businesses, people and housing to our community," he said.

Rusty Powers is the president of the Village's new DDA. "I want to bring Ellsworth to a place where people will come," he began.

The first project on the newly established Downtown Development Authority is to reinstate the Farmer's Market. He asked for residents to join a Citizen's Authority Committee and outlined the DDA's

goals of making the downtown "a place where people want to come," with live bands and booths in the Community Square. "I want to see our town succeed," he concluded. "A Community becomes what it thinks it is," He said.

Township Supervisor Thomas Mann talked about work done on the historic township hall and the purchase of a new ambulance as well as the discovery of 5 civil war soldiers in one of the cemeteries in the township. He stated that in 2019 local roads were going to see some slight improvement. MC Mary Faculak added that new signs would be going up along the Breeze-way.

Clare Karner with the community planning team Becket and Raeder closed the meeting. "It is extremely rare to see a township and village that comes together on a regular basis like you do. You are breaking high barriers that other communities are not," she said.



Seeing improvements on local roads was one of the issues Banks Township Supervisor Thomas Mann addressed in his State of the Community Address.



People browsed tables set out with charts, information and experts who answered questions about community issues such as the new DDA, a proposed septic system and the Master Plan.

BOYNE AWARDS

FROM PG. 1A

Hansen said, because it's the people who work together to make this community such a great place to live, work and play.

"Everywhere you look in Boyne, you will see the footprint of a volunteer," said Hansen.

OUTSTANDING CONTRIBUTION

The first award for Outstanding Contribution went to a woman who perhaps perfectly personifies the volunteer spirit that exists in the Boyne Community.

Susan Conklin was presented the award by Chris Staub of Blue Cross Blue Shield of Michigan. Staub said Conklin was being recognized "for her many contributions to the community", in particular her work with the Good Neighbors Food Pantry

"Susan saw a need in Boyne City and has made such a huge difference to the families that need food," Staub said, "Food is a basic need for all of us...the fact that some of our neighbors who struggle to feed their families have found help

with the Good Neighbors Food Pantry is a cheering thought, indeed" Staub said.

"A lot of people we serve do work," Conklin explained, "They just have trouble making ends meet."

She noted others who use the food pantry are perhaps elderly or have health issues. Regardless of the personal situation, Conklin said she and some other 80 staff at the food pantry try to keep their needs in mind.

"It's a privilege to serve them," Conklin said, accepting her award on behalf of her fellow staff at the food pantry.

OUTSTANDING CONTRIBUTION AWARD

Rob Zuehlke of Lake Area Collision presented the second Outstanding Contribution Award to Jean VanDam, another woman who is a perfect example of the volunteer spirit in Boyne.

Zuehlke noted VanDam's myriad contributions to the area, including serving on the Charlevoix County Community Foundation and its environmental committee and on the Raven Hill Discovery Center's Board of Directors. He also noted her "countless hours" volunteering at the Raven Hill center and her eager-

ness to volunteer to help in countless other community endeavors, including work with the Top of Michigan Mountain Bike Association to establish a trail system in the area.

VanDam was also lauded for providing "living-wage jobs" through her business for the past 40 years.

"Jean VanDam truly exemplifies Boyne's values of community service, innovation, collaboration, integrity and pride in the city of Boyne...she never says, 'no' when assistance is requested," Zuehlke read from a letter submitted nominating her for the award.

VanDam said she felt "very humbled" to be honored among a group of such "absolutely wonderful people."

"This was a wonderful place to raise a family, build a business and play," VanDam said, "We love it here."

OUTSTANDING CONTRIBUTION AWARD

Mike Doumanian of Boyne Mountain Resort presented the third outstanding contribution award to Adam Kennedy, board president of the Friends of the Boyne River.

He read a nomination letter describing Kennedy as "an outgoing, friendly and

an expert in all things Boyne River."

"He cares about this vital part of our environment and does an excellent job leading this organization," Doumanian read, "The entire 100-plus membership of the Friends of the Boyne River is happy to have Adam as their president..."

Kennedy was applauded for his work in devoting efforts to routinely monitoring the Boyne River year-round and in keeping the river litter-free. He was especially noted for launching a campaign to "throw water, not balloons" for people attending the city's Fourth of July festivities along the riverbanks where the throwing of water balloons has been popular in years past but was littering headache.

Kennedy said he was "truly honored and humbled" to win the award.

"We all have a passion for the river," Kennedy said, "And we strive to be guardians of our precious resources."

AMBASSADOR OF THE YEAR AWARD

Brian "Koz" Kozinski was winner of the Boyne Area Chamber's Ambassador of the Year Award which was to be presented to Kozinski by Patrick Little, superintendent of Boyne Area Pub-

lic Schools District. Kozinski was not able to accept the award due to illness, a situation Little has had to deal with in the past couple weeks with having to close schools in his district for several days due to illness.

The superintendent nonetheless honored Kozinski, known locally as "Koz", with the award and by reading his nomination letter in his absence.

"Koz is known community-wide as an amazing server at Cafe' Sante, as a fantastic river guide for fly-fishing in area's rivers with his company True North Trout, and as a family man, along with other things," Little read, "As busy as he is, Koz always makes time to pitch in to help with chamber events. He knows everyone and is always willing to lend a hand...most importantly, he comes back again and again to keep helping out and make a difference in the Boyne Community. He is one of the biggest Boyne cheerleaders we've got."

SALLY ROSELLI BUSINESS LEADERSHIP AWARD

The Sally Roselli Business Leadership Award for 2018 was presented to Bill Scott of Great Lakes Energy. Scott was handed the

award by Jeff Wellman, who is the brother-in-law of Sally Roselli, for whom the award was established. Roselli, of Boyne City, passed away in 2004 at the age of 42.

Scott was praised for being instrumental in Great Lakes Energy's new fiber optic project called "TrueStream" that recently launched and will bring high speed internet to rural, underserved areas.

"The project will help drive economic development in the area, enabling access to high speed fiber in rural areas," Wellman read from Scott's letter of nomination.

Scott noted his company has already hired 11 new employees for work with the new TrueStream service.

He was also applauded for initiating a line worker program with Boyne City Public Schools to offer training that will help them get good-paying jobs after graduation.

"We at Great Lakes Energy are very, very proud to support Boyne City," Scott told the crowd in accepting his award, "We've been here for a long time. We want to continue to support the community."

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News

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Consumers Energy's 'Put Your Town on the Map' competition

Consumers Energy is strengthening its commitment to rural Michigan communities by announcing a new competition to provide funding for projects that will help energize towns in the Lower Peninsula.

The "Put Your Town on the Map" competition will provide a total of \$15,000 to three initiatives that are designed to build a stronger sense of community. Up to 10 finalist communities will compete for the funding at the 2019 Small Town and Rural De-

velopment Conference on April 17 in Thompsonville, Mich.

"Consumers Energy is committed to supporting vibrant, thriving communities of all sizes in Michigan. We have worked with small towns for over 130 years, and are excited to help support their community development," said Roger Curtis, Consumers Energy's vice president of public affairs, who also will emcee the contest. "We look forward to seeing ideas that will create even more excitement around

the communities we serve."

Consumers Energy created the competition to reward ideas and provide critical dollars for projects that are being developed in small towns throughout Michigan's Lower Peninsula. Communities with a population of up to 10,000 have until March 1 to submit proposals. Consumers Energy and the Community Economic Development Association of Michigan will select 10 communities to make a pitch at the Rural Partners conference

for a share of the grant money.

The "Put Your Town on the Map" competition aims to reward a variety of innovative ideas, such as those that attract visitors to downtowns, focus on issues as housing, education or employment, create community pride and more. Community leaders can learn more and apply for the competition at <http://rural.cedamichigan.org/conference>.

Free Fishing Weekend

Ready to experience some of the finest fishing around? Check out the 2019 Winter Free Fishing Weekend Saturday, Feb. 16, and Sunday, Feb. 17. Those two days, everyone – residents and non-residents – can fish without a license, though all other fishing regulations still apply.

During this weekend, the DNR also will waive the regular Recreation Passport requirement for vehicle access to Michigan's 103 state parks. Several locations may be hosting official Winter Free Fishing Weekend events perfect for anglers of all skill levels.

Cervical Cancer Awareness Month

January is Cervical Cancer Awareness Month and the Michigan Department of Health and Human Services is urging testing and vaccination to help prevent this disease that will affect approximately 370 Michigan women this year alone. The Pap test is a simple and affordable screening test to detect cervical cancer in women, yet most cervical cancer deaths occur in women who have either never had a Pap test or have not been screened in more than five years. Women should begin regular screening for cervical cancer at age 21.

Women's preventive health care – such as screenings for cervical cancer, prenatal care, mammograms, immunizations and other services – is covered through the Healthy Michigan Plan without co-pays. Pap tests are also available at Family Planning Clinics, and for women ages 21-64, Pap testing is accessible through the Breast and Cervical Cancer Control and Navigation Program (BCCCNP). For more information about BCCCNP, call 844-I-GOT-SCR (446-8727).

The Human Papillomavirus (HPV) vaccine protects against the types of HPV most associated with many cancers, in-

cluding cervical cancer. The vaccine is safe and is most effective when given at the recommended ages of 11-12 years. However, it can be started as early as age 9 and given through age 26. For best protection, everyone should receive all recommended doses of the HPV vaccination.

Vaccines for Children (VFC), Medicaid, MI-Child and most health insurances pay for the HPV vaccine. If your child does not have health insurance, or does not have insurance that covers these vaccines, ask your health care provider or local health department about the VFC program. VFC provides vaccines at no- or low- cost to eligible children, 18 years of age and younger.

In addition to HPV, other factors can increase your risk of cervical cancer:

- Smoking.
- Having HIV or another condition that makes it hard for your body to fight off health problems.
- Using birth control pills for a long time (five or more years).
- Having given birth to three or more children.

For more information, visit CDC.gov/cancer/gynecologic.



Retired Zoning Administrator Honored

Retired Banks Township Zoning Administrator Andy Veenstra was honored with a plaque and words of praise at a dinner on January 9th. Veenstra served as Zoning Administrator for 11 years.

LETTERS TO THE EDITOR

Letters may be submitted by e-mail to office@CharlevoixCountyNews.com.

Ellsworth St. Clair Lake Fireworks

2019

Friends of the Fireworks,

In 2004, a small group of freedom loving individuals decided that the Ellsworth area deserved its own fireworks display to celebrate the 4th of July. After an initial attempt to do it ourselves, we decided to make a serious effort. We then hired the same professionals that Boyne City, MI hires to put on their displays. We have always scheduled our display to complement but not compete with the fireworks held on the 4th of July. Our goal was to add to the traditional Freedom Week celebration that surrounds the actual 4th holiday. To further this goal, we established our Freedom Salute in 2007 to honor some of those who have made the ultimate sacrifice for our country's freedom. Starting at 5:15 pm and every fifteen minutes thereafter through 10:15, a shot is fired from a Civil War era cannon. After each shot is fired, our disc jockey stops the music and announces the name of the fallen that was honored by that shot. The sound of that individual's name echoing across the waters of St. Clair Lake is always a moving moment. Our national anthem is played at 10:25 and the fireworks begin about 10:30.

The past two years we deviated from our usual scheduling to support the Ellsworth Pig Roast. Unfortunately, we did not meet our required funding during these years and a pair of board members generously made up our budget deficit. Additionally, we realized that a lot of the people that had previously attended and enjoyed our fireworks were not "Up North" yet because of the earlier date.

Now, an even smaller group of dedicated volunteers has decided to make one more attempt to keep our fireworks display. We are returning to our roots and we are scheduling our fireworks for Friday, July 5, 2019 so that more of our friends and neighbors can enjoy the fireworks and hopefully revitalize our funding efforts. We are also reviving the tradition of a boat parade in the early evening prior to the start of the fireworks.

Very simply and honestly stated, if we do not meet our funding goal, then this will be the last year of our fireworks display. Our yearly goal has always been a minimum of a \$10,000 display. We are dedicated and unpaid volunteers who enjoy putting on the fireworks, but we don't have the financial ability to cover the costs alone. We need your financial support to continue this celebration of our freedoms in one of the most naturally beautiful locations in northern Michigan.

Please remember that your contributions are tax deductible now that we are a 501c3 organization. Donations may be mailed to: Ellclair Committee, PO Box 282, Ellsworth, Michigan, 49729. Contributions may also be dropped off at any Charlevoix State Bank branch. Our account is: Ellclair Fireworks Committee.

To view a sampling of our previous fireworks, please like and follow us on Facebook at: Ellclair Committee-Ellsworth St. Clair Lake Fireworks.

Thank you for your time and consideration in this matter and we look forward to your support for our efforts to bring high quality fireworks to you this July 5th.

Sincerely,

The Ellclair Committee – Ellsworth St. Clair Lake Fireworks

Jerry Rasmussen

Chuck Fox

Jan Rasmussen

Kevin G. Stark

Federal Tax I.D. number 82-3041511

Hot Tips for preventing cold weather damage from roof ice dams

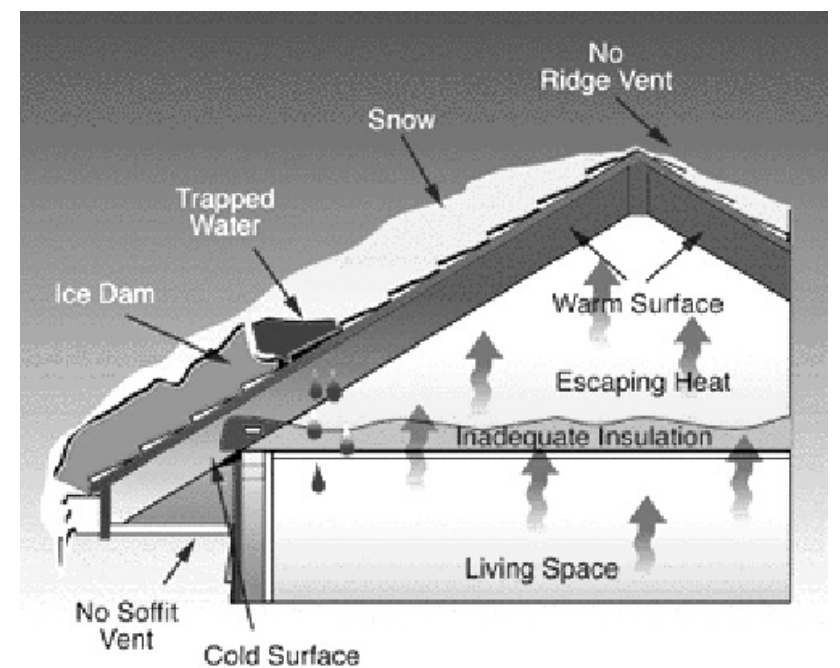
Ice dams occur in climates with freezing temperatures. When the temperature in the attic is above freezing, snow on the roof melts and runs down the sloping roof. When the snowmelt runs down the roof and reaches the colder eaves (overhang) and gutters, it refreezes.

After several days of melting-freezing cycles, the freezing snowmelt builds up and forms a dam of ice, behind which water ponds. The ponding water can back up under the roof shingles until water enters the attic and eventually does damage to the interior ceilings, walls, and contents along the exterior walls.

Research has shown sun exposure in the winter has little effect on attic air temperature. Warm air from living spaces below penetrating into the attic is usually the culprit in the formation of roof ice dams. The presence of significant icicles along the gutter or eaves may be an indication of roof ice damming.

There's no way to guarantee an ice dam will not damage your home, but you can reduce the likelihood of an ice dam forming in the first place:

- Thoroughly clean all leaves, sticks, and other debris from rain gutters and down spouts. This allows melting roof snow to flow into gutters and through down spouts.
- Strive to keep snow on your roof to a minimum. Long-handled devices called "roof rakes" let you stand on the ground and pull the



When the temperature in the attic is above freezing, snow on the roof melts and runs down the sloping roof. When the snowmelt runs down the roof and reaches the colder eaves (overhang) and gutters, it refreezes, forming ice dams. Courtesy photo

snow off the roof. Keeping heavy snow loads off your roof reduces the chances for both ice dam formation and roof failure due to the weight.

- Keep gutters and down spouts clear of snow and icicles all winter.
- Evaluate the insulation and ventilation in your attic. Most experts agree attic insulation should have an R-value of at least R-30 (R-38 is preferable in northern climates). In addition, good airflow

from under the eaves or soffit area along the underside of the roof and out through the roof vents is essential. The insulation prevents heat loss from the interior of the home. The venting allows the attic air to stay cold enough to prevent or minimize the freeze/thaw cycle on the roof. Consult a reputable roofing and/or insulation contractor about these improvements.

For more information visit www.mcswa.com

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News

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Ellsworth Schools receive Sphero Robotics grant

Ellsworth Community School is excited to announce that middle school mathematics and high school computer science teacher Erica Stuck has received a \$1,949.99 grant from Great Lakes Energy for the purchase of a classroom set of Sphero robots. Spheros are exciting new ball shaped robots that teach students about computer programming and artificial intelligence.

"We are thrilled that Mrs. Stuck wrote and received a grant from Great Lakes Energy for the purchase of a classroom set of Sphero robots," commented ECS Superintendent, Aaron Gaffney. "This is an exciting new technology that will allow our students to apply principles of computer programming in a fun and engaging way."

In addition to the almost \$2000 grant, ECS has added \$500 in local funds for the purchase of a charging/storage cart, as well as using dedicated technology funds to update the 15 iPads that will be used with the robots. Mrs. Stuck plans to use the Spheros with both her high school computer programming class as well as during a dedicated Sphero class for middle school students during the spring Lancer Leap project term.

"The students are really excited to start learning how to use the Spheros," indicated Mrs. Stuck.

"We've had a couple of students bringing in their own Spheros during this school year and everyone is anxious to begin using our new classroom set. It will be a great way to apply the



Spheros are exciting new ball shaped robots that teach students about computer programming and artificial intelligence. Courtesy photo

coding concepts we've been learning throughout the year."

Ellsworth Community School was one of 19 grant recipients chosen from

over 40 applications for the Great Lakes Energy grant.

"This grant will provide our students with many hands on opportunities for years to come," indicated

Gaffney. "ECS would like to thank Great Lakes Energy for giving back to the community."

For more information on this program or Ellsworth

Community School in general please contact Superintendent, Aaron Gaffney at 231.588.2544 or agaffney@ellsworth.k12.mi.us

Community Support for USCG and Federal Employees in the Charlevoix Area

Officials in the Charlevoix area are urging the community to come together to support members of the United States Coast Guard and other federal employees affected by the on-going federal government shut down. The "Charlevoix Coast Guard Government Shut-down Benefit Fund" has been established by Charlevoix State Bank and the Charlevoix Rotary Club. First responders encourage the community to donate. Lead by gifts of \$500 each from Charlevoix State Bank and the Charlevoix Rotary club, donations are welcome at all branches of the bank.

"We have a close working relationship with the Coast Guard," said Charlevoix Township Fire Chief Dan Thorp, "there are many ways they support us with public safety and events. This is a way we want to show our appreciation to them."

"Our job is to keep the people of Charlevoix safe and the Coast Guard assists us in this mission everyday," said Charlevoix Police Chief Gerard Doan. "They bring a level of knowledge and ability to public safety that we couldn't do on our own. The public is always looking out for our officers and EMS staff. We want to encourage the public to show support for our Coast Guard colleagues during this time."

Local resident Joy Halverson sparked the idea and worked with officials to set up the fund and understand the needs of the Coast Guard. "We see the Coast Guard folks working in our community, their boats on the lakes, and their willingness to help with blood drives and things like that. It seems like now is a time when they need us and we should step up to help," said Halverson.

Charlevoix Chamber of Commerce President Sarah Hagen said that the business community stands ready to assist the service members affected by the shut down. "I know several of our members have quietly been offering assistance where they can. We think this is a great way for the community as a whole to support the men and women who work hard all year round to keep the waterways around us safe."

Support us by supporting them is the message from Charlevoix EMS Director Don McMullen. "When someone is in need the whole team of first responders does their part. One of our teammates needs help now and we encourage support for the Coast Guard."

Donations can be made at any branch of Charlevoix State Bank. Donations will be used to buy grocery gift cards and other essentials as Coast Guard ethics rules allow.

HOME FIRE FROM PG. 1A

Sunday to ensure any hot spots didn't spark. He said the house appeared extensively damaged, possibly up to 50 percent destroyed.

The homeowners told Welsheimer they had been using a heat gun to thaw out a bathroom pipe prior to the fire.

Brutally cold, single digit temperatures throughout Charlevoix County on Sunday posed added challenges for firefighters, Welsheimer said, noting two trucks froze up for a time and crews needed to take warm up breaks.

Resort/Bear Creek crews were assisted by Petoskey Department of Public Safety, Boyne City EMS and crews from the Charlevoix County Road Commission.

CCA /Dorothy Gerber Strings March Madness

What does basketball and playing a stringed instrument have in common? More than anything, it is the necessity of consistent, quality practice that enables a person to perform at a high level.

This is the theme of the Dorothy Gerber String Program's 2019 Practice Challenge, inspired by NCAA basketball March Madness.

From the end of January until Spring Break, students from Pellston to Elk Rapids will chart their daily practice time and compete to see who will make the round of 32, the Sweet Sixteen, the Elite Eight and the Final Four. Along the way, the teachers of the Dorothy Gerber Strings Program will make an extra effort to teach the

reasons for practice and the skills that produce great results during practice time. Even with good teaching and prizes as motivation, the support of families at home remains one of the most important factors in a student's successful practice habits.

"Learning the value of daily effort, especially when you don't see a dra-

matic, immediate result, is a great life lesson for the students in our program" says David Reimer, the director of the Dorothy Gerber Strings Program. "Athletes and musicians alike know that a championship level isn't reached in hours or days, but in months and years. This is a perspective that translates well to all aspects of life as these students mature."

In 2018, the Dorothy Gerber Strings Program sponsored its "Practice Olympics" in which students won medals and prizes, donated by area businesses. Eeva Rintala, a 3rd-grade violinist from Boyne City, finished with the highest practice score and was one of four gold medalists.

The 2019 Practice Challenge will include 130 students in the Dorothy Gerber Strings Program, including those taking strings classes in area schools (Beaver Island,

Boyne City, Charlevoix, East Jordan, Elk Rapids, Ellsworth, Harbor Light Christian, Pellston and Petoskey), as well as those taking private lessons. The challenge begins on January 28 and can be followed on the Dorothy Gerber Strings Program website as the scores are updated on a weekly basis. A Junior Division and Senior Division will be pared to 32 on March 4 and the challenge will conclude on March 22, with the results posted the following week.

The Dorothy Gerber Strings Program is a program of the Charlevoix Circle of Arts located at 109 Clinton Street in downtown Charlevoix and sponsored by the Cummings Foundation. More information about the 2019 Practice Challenge and the Dorothy Gerber Strings Program can be found at www.gerberstrings.org or by contacting Dr. Reimer at DavidDGStrings@gmail.com



The 2019 Practice Challenge will include 130 students in the Dorothy Gerber Strings Program, including those taking strings classes in area schools, as well as those taking private lessons. Shown here; Lena Sytsma-Reed practicing at the Charlevoix Circle of Arts. Courtesy photo.



DGSP Director David Reimer with Eeva Rintala at December concert. Courtesy photo

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PETOSKEY

LUNCHEON LECTURE SERIES; RECREATIONAL MARIJUANA

January 25, Lunch begins at 11:30am, NCMC Library conference room. On December 6, 2018, the recreational use of marijuana became legal in the State of Michigan, the result of a constitutional amendment approved in November. Medical marijuana has been legal in Michigan since 2008. While marijuana may be used legally in the State of Michigan, it remains illegal under Federal law. What does that mean for our community? Emmet County's chief assistant prosecutor, Stuart Fenton, and Sheriff Pete Wallin will explain. Reservations are required. You must call 231-348-6600 or email luncheonlectures@ncmich.edu to reserve your place for each presentation. Cost is \$12.

BOYNE CITY

DISTRACTED DRIVING WORKSHOP

January 26, 10am-2pm, Boyne District Library community room. Join Michigan State Trooper Corey Hebner and Officer Dan Mercer from the Boyne City Police Department as they demonstrate and educate us on how dangerous distract driving can be...including a chance to use a driving simulator! Ages 14 and up. RSVP for use of driving simulator: call the library 231-582-7861 or online www.boynelibrary.org/programs.

CHARLEVOIX

HISTORICAL PRESERVATION SOCIETY OPEN HOUSE

January 27, noon-6pm, Charlevoix County History Preservation Society Research Center, 12555 Taylor Road. If you were unable to attend the December open house, now is your chance to see our new center, the amazing holiday displays and welcome in the New Year. CCHPS leaders encourage everyone to attend, especially those who might be interested in volunteering and being a future Board Member. Building our volunteer base is integral to carrying on our mission and goals.

BOYNE CITY

TV'S BIGGEST LOSER INTERVIEW

January 27, 6:30pm, Life-tree Cafe. Tips and strategies for losing weight and becoming healthy will be shared at Lifetree Café on Potluck Sunday, Jan. 27. Bring a dish to share at 5:30. Program at 6:30. The program, titled "Hard to Be Healthy: TV's 'Biggest Loser' Weighs In," includes a filmed interview with Jaron Tate, a contestant on NBC TV's The Biggest Loser. Tate shares his secrets for losing over 150 pounds and keeping the weight off. Lifetree Café is in the First Presbyterian Church, 401 S. Park St., Boyne City. Use the Pine St. entrance.

PETOSKEY

NORTHERN MI CHORAL SPRING CONCERT REGISTRATION

January 28, 6:15-6:55pm, Cross of Christ Lutheran Church in Petoskey at 1400 E. Mitchell Road. Rehearsals start on the 28th and continue

on Monday evenings, from 7-9pm. The spring concert titled, "Broadway to the Silver Screen" will be performed at the Great Lakes Center for the Arts in Bay Harbor. Dates for the performances are Saturday, May 4, afternoon and evening and Sunday, May 5 in the afternoon. The membership fee for new members is \$30 each, and family is \$40, and includes a practice CD. High School students pay \$10. A music fee of \$15 is also collected from new members. Students from North Central Michigan College, taking Chorale, as Music 101, Chorale I, for credit, will pay the music fee only. Registration by members, online, is encouraged. Go to the Chorale website: www.NM-Chorale.org and select JOIN US. For information, please call our Treasurer Sarah Sevenser at 231-347-6985.

BOYNE CITY

BC LANES FUNDRAISER FOR MITCHELL GASCO

January 27, 4-7pm. On November 14th, the Gasco and Hall-Peck Families received the worst news imaginable. Mitchell was involved in a terrible accident while at work that left him hospitalized with severe brain damage. On December 28, he began his new journey at Mary Free Bed for his long-term rehabilitation and recovery. It is uncertain how long he will be there, but his family will remain by his side as they have since the accident. Anticipating a long road to recovery, his family could use some help covering expenses with the loss of wages so they can continue to support Mitchell on this journey. There will be 50/50 raffle, auction and a silent auction, live music from The Lopers and food by donation. All money will be donated directly to Mitchell's family

BOYNE CITY

HOW TO SELL A BUSINESS WORKSHOP

January 31, 9am-2pm, Boyne City Hall. Michigan Main Street, in partnership with the Small Business Development Center, is presenting a "How to Buy or Sell a Business" workshop. The workshop will be held from 9am to 2pm with registration beginning at 8:30. The workshop fee is \$75, but Boyne City businesses can participate free of charge by using code MMSBiz when they register. Workshop details and registration are online at clients.sbdcmichigan.org. Pre-registration is preferred; however, walk-ins will be welcomed.

CHARLEVOIX

SHADOWFEST

February 1 & 2, Downtown. Charlevoix's Groundhog Shadow Fest celebrates the best of winter. With numerous fun activities, there is something for everyone. Pancake Breakfast, Shadow Fest Soup Contest, Free Movie @ Charlevoix Cinema III Kids Events & Prizes, Beer Tent - DJ Big Mike, Live Music featuring the Galactic Sherpas, Disc Golf Putting Contest, Cocktail Contest and Amazing Discounts at Downtown Stores. Schedule at charlevoixshadowfest.com

PETOSKEY

NORTHERN MI CHORAL SPRING CONCERT

REGISTRATION

February 4, 6:15-6:55pm, Cross of Christ Lutheran Church in Petoskey at 1400 E. Mitchell Road. Rehearsals start on the 28th and continue on Monday evenings, from 7-9pm. The spring concert titled, "Broadway to the Silver Screen" will be performed at the Great Lakes Center for the Arts in Bay Harbor. Dates for the performances are Saturday, May 4, afternoon and evening and Sunday, May 5 in the afternoon. The membership fee for new members is \$30 each, and family is \$40, and includes a practice CD. High School students pay \$10. A music fee of \$15 is also collected from new members. Students from North Central Michigan College, taking Chorale, as Music 101, Chorale I, for credit, will pay the music fee only. Registration by members, online, is encouraged. Go to the Chorale website: www.NM-Chorale.org and select JOIN US. For information, please call our Treasurer Sarah Sevenser at 231-347-6985.

CHARLEVOIX

CHAMBER ANNUAL MEETING AND AWARDS BREAKFAST

February 8, 7-9am, Castle Farms. Please join us in celebrating the award winners; Outstanding Citizen; Maureen Owens, Business of the Year; Charlevoix State Bank, New Business of the Year; Northern Explorers Child Development Center, Young Professional of the Year; Jodi Bingham, Customer Service Award; Charlevoix Public Library and Chamber Ambassador Award; Cheryl Carey. This year's featured speaker is David L. Miles, Charlevoix Historical Society Curator. Also, on the morning's agenda is a review of the Chamber's accomplishments in 2018, as well as an introduction of the current Board of Directors and special recognition and thank you to our outgoing Board members. Tickets (\$30 per person) include catered breakfast buffet and are available at Charlevoix Chamber; (231) 547-2101 or email; info@charlevoix.org. Online registration is open at www.charlevoix.org.

EAST JORDAN

ANNUAL DADDY DAUGHTER SWEETHEART DANCE

February 9, 6-8pm, East Jordan High School Cafeteria. Presented by the CO-OP Nursery. Grandfathers, uncles or friends welcome. Includes DJ, Dancing, Ice Cream Sundae, Craft and Photo Memento. \$20 per couple, \$25 for a family with two or more daughters. Please contact a Co-Op Nursery Parent or the school office (238) 536-7564, ext 5166 with any questions.

EAST JORDAN

ALL-YOU-CAN-EAT SWISS STEAK DINNER

February 9, 5-7pm. The East Jordan United Methodist Women are sponsoring an All you care to eat Swiss Steak Dinner with Swiss steak, mashed potatoes, gravy, green beans, salads, rolls, and homemade pies. The dinner will be held at the United Methodist Church, 201 Fourth Street. Ticket prices are \$9 for adults, \$5 ages 5-12, under 5 free.

BOYNE CITY

CHOCOLATE COVERED BOYNE

February 15 & 16. Sponsored by the Main Street Program, the event includes more than 30 businesses offering chocolate treats and sales. Chocolate-Covered Boyne has a combined chocolate/Valentine theme. Participating businesses can send their sweet specials to bc-mainstreet@gmail.com by February 1. The Chocolate Dessert Tasting and Contest will be held from 11am to 1pm on Saturday, Feb. 16. Dessert tastings will start at 11am with the judging and award at 1pm. The dessert tasting and contest will take place at Stiggs Brewery & Kitchen, the winner of last year's contest.

CHARLEVOIX

DOWNTOWN SIDEWALK SALES

February 15 & 16. Enjoy countless bargains and more on a variety of great merchandise at participating stores. Take advantage of substantial reductions on seasonal inventory that must go. Shoppers will find great discounts on gift items, home decor, clothing, books, art, jewelry, accessories and more.

WALLOON LAKE

BOYNE CHAMBER BUSINESS AFTER HOURS

February 21, 5:30pm, Walloon Lake Trust and Conservancy, 4060 M-75, Suite 102. Business After Hours is the Chamber's monthly business networking event, held at member businesses. There is no charge for admission or refreshments.

EAST JORDAN

38TH ANNUAL SNO-BLAST

February 22-24. This annual event includes Sno-Sculpture Contest, Crowning of the Belle of the Blizzard & Winter Knight, Blessing of the Sleds, the Annual Rotary Chili Supper, Antique Snowmobile Show, Snowmobile Safari Ride, Euchre Party, Family Games, Softball in the Snow, Sno-Lovers Breakfast and much more. Full schedule at www.ejchamber.org

BOYNE CITY

FARMERS MARKET

Boyne City Hall, Saturday's, 9 am - Noon. The Boyne City Indoor Farmers Market is located in the main lobby and training room of the City Facilities Building, which is located across the street from the summer market location in Veterans Park. Twenty vendors are confirmed for the indoor market. For more information on the market, visit the Boyne City Farmers Market Facebook page or email farmersmarket@boynecity.com

CHARLEVOIX COUNTY

COMMUNITY FOUNDATION GRANTS

The Charlevoix County Community Foundation announces the availability of grant dollars to support the work of area nonprofit organizations, educational institutions, and municipalities. The deadline to submit a grant proposal is Friday, March 1, 2019. Eligible nonprofit organizations serve residents of Charlevoix County and work

to enrich or improve life for local residents. Applications will be reviewed by advisory committees made up of community representatives. The youth advisory committees will review proposals that benefit young people. Committee recommendations will be forwarded to the respective Boards of Trustees. To apply for a grant or for more information, call or email your local community foundation. In Charlevoix County call 231.536.2440 to contact Mishelle Shooks for youth grants at mshooks@c3f.org or Maureen Radke for all other grants at maureen@c3f.org.

PETOSKEY

PROJECT CONNECT

March 13, 11am-3pm, Odawa Casino. Project Connect is a day of service for those in need in Charlevoix and Emmet Counties. During this one-day event 500 to 1,000 individuals will connect with a range of health and human services provided by around 70 local non-profit agencies and businesses. Free services are available in areas such as: Education & Employment, Food & Nutrition, Health & Wellness, Housing & Finance, Kids & Parenting, Veterans Affairs and other Social Services. Guests can also receive gifts of personal care items. The idea behind the event is to help people who may be struggling to make ends meet, to have access to the services they need without the confusion, red tape, and waits that often characterize social services.

BOYNE CITY

KINDER CLOSET

At Christ Lutheran Church is open from 10am to noon on the second Saturday of every month. Free baby items are provided, including diapers; wipes; clothes and more, for any Charlevoix County parent with a newborn to 24 month-old-child. Christ Lutheran Church is located at 1250 Boyne Avenue in Boyne City. For more information, call 231-582-9301.

CHARLEVOIX

WELLNESS WORKSHOPS

Held at Munson Healthcare Charlevoix Hospital Wellness Workshop, 411 Bridge Street. Call (231) 437-3482 for more information.

- Hatha Yoga, every Monday and Friday 7:30-8:30am. The yoga sequences, along with breath work and relaxation techniques will assist in building strength, stamina, flexibility, balance, and increasing body awareness. The use of props, blocks, or blankets make poses easily modified to suit the individual. All levels of fitness are welcome and modifications will be provided as needed. The class is taught by Lisa Hepner is a licensed physical therapist assistant with Munson Healthcare Charlevoix Hospital.

- Wellness Wednesday, every Wednesday from 8am-11am. Health screens include: Total Cholesterol, HDL, TC/HDL Ratio, Glucose Level, Body Mass Index Score, Muscle and Fat Percentages, and a Blood Pressure Reading. No fasting is required. However, if you are fasting and LDL and Triglyceride reading can also be obtained. Cost for the service is \$15. Hemoglobin A1C Levels can also be done for known or borderline diabetics for an additional \$10. Participants will

receive all test results at the time of the screening and a "Know Your Numbers" log to track progress. A Registered Nurse will adapt health consultation and educational materials to individual results. Walk-ins only, no appointment required.

- Full Body Toning Exercise Class, every Thursday from 5:30-6:30pm. The first class is free as are all yoga and strength training classes. If you enjoy your first class, low-cost punch cards available and are good for any of our classes. Call (231) 437-3482 for more information or email chx-wellness@mhc.net to have our calendar emailed to you monthly.

BOYNE CITY

FREE COFFEE, DOUGHNUTS & LUNCH FOR VETERANS

The community of Boyne City will be hosting a free social gathering for all veterans from 9 to 11 a.m. on the fourth Tuesday of the month at the Boyne Area Senior Center. Coffee and doughnuts will be donated by supportive area businesses. The senior center will also offer free lunches to all veterans on the fourth Tuesday of the month, starting in January. The senior center is located at 411 E. Division St.

CHARLEVOIX

Hospice of Northwest Michigan invites you to join our Monthly adult grief, loss & bereavement support group, which takes place the 2nd Sunday of each month from 4-5pm at the First Baptist Church, 6781 M66 North. This program is open to anyone in our community looking for assistance in their grief process and is facilitated by Rev. David Behling. There is no charge to attend. Please feel free to call Hospice at 231-547-7659 to register or for more information.

NORTHERN MICHIGAN

Women's Resource Center of Northern Michigan provides counseling and support services at no cost to survivors of domestic abuse, sexual assault, child abuse, child sexual assault and adults molested when they were children. Support services include crisis counseling, individual counseling, support groups, trauma therapy (EMDR), play therapy for children, safety planning, advocacy and resources/referrals. If you or someone you care about has been a victim of crime, contact the WRCNM's main office at (231) 347-0067.

BOYNE CITY

BOYNE DISTRICT LIBRARY PROGRAMS

- Toddler Tales & Tunes every Monday at 10am and Preschool Storytime every Tuesday at 10am. Check website for any date changes. No registration is required.
- Yoga with Reb Andrews 9am every Monday, 8 week sessions/\$5 per week
- Tai Chi every Wednesday, 9am beginners class, 10am advanced class, cost is \$5 per session
- The Boyne District Library Book Club meets at 7pm. Information at www.boynelibrary.org.

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STOP IN
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New East Jordan Police Officer sworn in.

City Clerk Cheltzi Wilson swears in new police officer Benjamin Herrick at the January 15 East Jordan City Commission meeting. A graduate of Lake Superior State University, Herrick was previously employed by the Charlevoix County Sheriff's Office as a part-time road patrol deputy.

Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.



Everybody loves a nut - or should!

In 1966, country-music icon Johnny Cash released his 23rd album, "Everybody Loves a Nut." Filled with novelty songs, such as the title tune ("Everybody loves a nut; the whole world loves a weirdo; Brains are in a nut, but everybody loves a nut"), he was sure right about one thing. Nuts are worthy of big love - for the amazing health benefits they bestow.

Their most recently discovered gift is weight control! Seems eating 1 ounce of whole nuts or 2 tablespoons of nut butter daily in place of red or processed meat, french fries or desserts may prevent long-term gradual weight gain and obesity. In a recent study presented at the American Heart Association meeting, Brazil nuts were the star; they increase a sense of fullness and stabilize glucose and insulin responses. But all tree nuts, almonds and walnuts included, plus peanuts (a legume) provide substantial benefits.

The key: Don't add nuts' calories (almonds have 146 per ounce, Brazil nuts 196) to your daily intake. Replace other foods with them. You'll tamp down your appetite and up your nutritional powers.

Other benefits: One study found that a higher intake of nuts is associated with reduced risk of cardiovascular disease, cancer and death from respiratory disease, diabetes and infections. Another shows the mono- and polyunsaturated fatty acids, proteins, fibers, vitamins, minerals and bioactive compounds in nuts help prevent or treat elevated glucose and LDL cholesterol levels and bodywide inflammation. Clearly, you'd be nuts not to take advantage of this tasty way to improve your health.

More pets, less allergies, more steps

In case you didn't notice this past football season (Cleveland Browns fans sure did), the Dawg Pound on Lake Erie is back! After finally getting rid of a coach who had a win/loss record of 3 and 40 over two-plus years, the Browns, led by quarterback Baker Mayfield and other fresh talent, put together their best record (7-8-1) since 2007.

Dogs have a way of being good for body and spirit. And that is confirmed by researchers at the University of Wisconsin who recently found that infants and newborns who are exposed to dogs are less likely to develop certain types of allergic diseases, such as atopic dermatitis (eczema) and asthma. Yet another study from Sweden's University of Gothenburg found that infants growing up with three or more pets had even fewer allergies at ages 7 to 9 than kids who had only one or no pets.

All the researchers believe that early-childhood exposure to animals (the Swedes call it the "mini farm" effect) bolsters or preps a child's quickly developing immune system, sort of like an inoculation. It seems if you bring a newborn into your home and you have a dog and/or a cat - and your child doesn't have an allergic reaction - well, that doubles the likelihood that the child will dodge allergies later in life.

So, we say, "Go Dawgs." And moms and dads with young kids, we know that you have a lot on your hands. But walking that pup will help you get in your 10,000 steps a day!

Rosemary as gut biome balancer

Rosemary Clooney's first big hit was "Come On-A My House" in 1951.

It sold over a million copies. She also appeared in "White Christmas" (1954), opposite Bing Crosby and Danny Kaye and had five children with Jose Ferrer. But these days, she's best remembered as George Clooney's aunt.

Back in the 1950s, Rosemary was a smash hit. We bet today she'd be happy to know that her namesake herb, rosemary, is taking center stage. Recent studies show that it can help people achieve and maintain a healthy gut biome.

One study of the essential oil in rosemary found that it can improve probiotic levels, by decreasing E. coli counts and fungi that cause gas, bloating, irregular bowel movements and even fatigue. That also helps alleviate heartburn and indigestion that's due to overgrowth of bad bacteria in the gut.

Rosemary is approved for dyspepsia, high blood pressure, alopecia and rheumatism by the German Commission E. But doses are small: 1-2 grams per day in 5 ounces of hot water. The oil is only topical. And overdosing can cause everything from seizures to miscarriage.

So, skip the supplements and cook with it - it's great on roasted veggies. Dr. Mike loves to season his roasted asparagus with it. And give Dr. Oz's rosemary smoothie a try (the recipe's on www.DoctorOz.com). Or drop fresh sprigs into a bottle of olive oil for use on salads and chicken. If you grow it in a garden or find it in the wild, rub your hands on the leaves for immediate aromatherapy.

Show some skin (to your dermatologist)

In 2003, LPGA pro Annika Sorenstam took on the PGA's Phil Mickelson, Freddy Couples and Mark O'Meara in a "skins tournament." Playing for a cash prize (a

skin), she managed to sink a 39-yard chip from a bunker for eagle to win four skins and \$175,000.

Tour golfers, male or female, whether they're playing skins or not, are well-aware (cautionary tales abound) that constant sun exposure puts them at increased risk for skin cancer. Around 178,560 cases of melanoma (the deadliest form) were diagnosed in the U.S. in 2018. Of those, it's estimated 87,290 were confined to the top layer of skin and most easily treated. Early detection is important.

The results of one recent study that tracked more than 77,000 people for 12 years found that routine skin exams significantly increased the likelihood of spotting skin cancers. However, a recent Cochrane Library Special Collection: Diagnosing Skin Cancer makes it clear that a quick look from your GP isn't sufficient.

Cochrane researchers found "visual inspection using the naked eye alone is not good enough, and melanomas may be missed." However, when used by a specialist, dermoscopy - a technique using a magnifying lens and powerful lighting system to zoom in on a mole and the underlying skin - is significantly better at diagnosing melanoma.

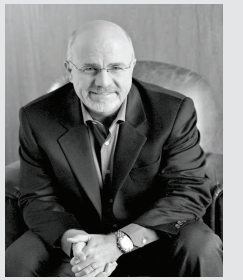
So, make an appointment with a dermatologist for a head-to-toe dermoscopy. And use SPF 30-plus on exposed skin year-round. Less than one-third of melanomas develop from existing moles; most appear on the skin as new spots.

Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic. To live your healthiest, tune into "The Dr. Oz Show" or visit www.sharecare.com.

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DAVE Says



Dave Ramsey

(Relationships and money)

Dear Dave,

My father-in-law wants to help us with our mortgage. We've been working hard to pay off our home early, and we've reduced what we owe to around \$35,000. His idea is to pay off the remainder, then let us pay him back over time. In the past, he has loaned us much smaller amounts and everything has worked out fine. What do you think about this?

Brianne

Dear Brianne,

I'm sure this seems like a winning proposition all the way around. My concern is there's a big spiritual and emotional issue that has been left out of the equation. The borrower is always slave to the lender, and nowhere is that more true than in a family.

I understand, too, you have a solid track record with this kind of thing. But anytime you borrow money from family you're playing with fire. When you do something like this, especially with such a large amount, the money issue is likely to be a shadow hovering over your relationship. Family get together, special events, and holidays will feel different when you're there with your lender instead of just good old dad.

I assume your father-in-law is doing well financially, since he can afford to make this offer. And don't get me wrong, it's a very kind and generous offer. If I were in his shoes, I might offer instead to pay off the mortgage as a gift to my son and daughter-in-law for working so hard to attain a goal. But it would be a gift. No strings attached.

If you have a nice, stable family, this debt will always be there in the back of your mind. If you have a dysfunctional, control-freak kind of family, it's going to be right there in front of you constantly. Either way, I don't think it's worth the risk.

—Dave

(Fight back against fraud)

Dear Dave,

We recently learned that my wife's ex-husband used her social security number to establish several credit card accounts. We've written and called the credit card companies, and we're disputing the charges, but is there anything else we can do to protect ourselves and put an end to this?

Ken

Dear Ken,

You bet there is! File a police report immediately, and if possible, have this guy arrested. He has committed criminal fraud, and it's not something you should take lightly. Also, put a fraud victim alert on your credit bureau reports today.

Don't stop with just alerting the credit card companies about this situation. You should be speaking with and communicating via email—plus snail mail, if necessary—directly with the fraud victim division at every credit card company involved. Make sure they understand this is a denial of responsibility and not simply a dispute.

Let them know you're sorry this happened, but explain that all these charges in your names are the result of a criminal act perpetrated against you. You may have to stand your ground with the credit card companies, because some of them might try to get you to pay it, anyway. Don't do it!

—Dave

* Dave Ramsey is CEO of Ramsey Solutions. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM



Ellsworth Downtown gets new Mural

The Village of Ellsworth unveiled one of the first steps in an effort to improve the appearance of the small village's downtown. A mural of the train depot that once served a prominent position in the community. The mural was sponsored by the Ellsworth Community Activities Organization and was painted by Ellsworth High School 2015 graduate Sydney Sundelius. The village has just created a DDA and has big plans to refurbish their quaint downtown.



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 <p>2018 FORD ESCAPE SE 4X4 \$22,950</p> <p><small>CARFAX 1 owner! Alloy Wheels, CD, Sunroof, USB Port, Bluetooth, Heated seats, VERY NICE!</small></p>	 <p>2012 FORD F150 PLATINUM EDITION \$23,950</p> <p><small>Sunroof, Navigation, USB Port, Tonal Cover, All-Weather Floor Mats, Leather-heated seats! New Tread!</small></p>	 <p>2015 CADILLAC CTS 2.0L TURBO AWD \$24,950</p> <p><small>Cadillac CERTIFIED, CARFAX 1 owner! XM Radio, Heated Steering Wheel, Driver memory seats!</small></p>	 <p>2017 CHEVROLET EQUINOX AWD LT \$25,450</p> <p><small>Chevrolet CERTIFIED! CARFAX 1 owner! Rear View Camera, Heated-PR Seats, Bluetooth, 3.6L V6, LIKE NEW!</small></p>	 <p>2016 NISSAN 370Z NISMO TECH \$33,990</p> <p><small>Less than 3k Miles!!! PRICE SLASHED!!! OUR LOSS IS YOUR GAIN!! XM Radio, Navigation, Manual trans, WHAT A LOOKER!</small></p>	 <p>2017 CHEVROLET TAHOE \$39,950</p> <p><small>CARFAX 1 owner! OnStar, Rear View Camera, USB Ports, Running Boards ,CD, Leather-Heated seats, SUPER CLEAN!</small></p>

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